



Watch for
Wellness and You!
Menu Solutions...

Wellness entrees and salad recipes were developed by our regional and national chefs and dietitians.

Better By Design
has healthier cuisine...

Grill & Deli Hours

Monday - Friday

7:00am-10:30pm

Saturday-Sunday

10:30am-9:30pm

Hot Line Hours

Monday-Friday

Breakfast 7:00am-9:30am

Lunch 11:00am-1:30pm

Managers

General Manager

Rick Diaz

Cafe Manager

Matt Tureau

Chef

Executive Chef

Mike Byears

Springhill Medical Center

Week of Monday July 26

Monday

Soup:	Cajun Beef & Vegetable	2.25
Entree:	BBQ Beef Brisket	3.10
	Chicken Piccata Saute	3.10
	Pulled BBQ Pork	2.95
	Italian Mixed Roasted Vegetables 🥕🥦	.95
Vegetable:	Macaroni & Cheese	.95

Tuesday

Entree:	Beef Stew	3.10
	Shrimp Creole Saute with Rice	3.50
Vegetable:	Autumn's Roasted Vegetables 🥕🥦	.95
	Fresh Broccoli Florets 🥕🥦	.95
	Rice 🥕	.95
	Turnip Greens 🥕	.95
Potato:	Turnip Greens 🥕	.95

Wednesday

Soup:	Potato Bacon	2.25
Entree:	Country Fried Steak with Cream Gravy	3.10
	Roasted Turkey Breast	2.95
	California Mixed Vegetables 🥕🥦	.95
Vegetable:	Corn 🥕🥦	.95
	Yukon Smashed Potatoes 🥕	.95

Thursday

Entree:	BBQ Chicken Quarter	3.10
	Fried Chicken	3.10
	Ravioli with Marinara Sauce & Parmesan 🥕	2.95
Vegetable:	Cauliflower 🥕🥦	.95
	Cheddar & Bacon Whipped Fresh Potatoes	.95
	Fresh Yellow Squash 🥕🥦	.95

Friday

Soup:	Louisiana Chicken & Shrimp Gumbo 🥕	2.95
Entree:	Baked Ziti with Four Cheeses 🥕	3.10
	Crispy Baked Fish	3.50
	Golden Fried Fish Filet	3.50
	Butter Beans 🥕🥦	.95
Vegetable:	Corn on the Cob 🥕	.95

Saturday

Breakfast Open 7:00am-9:30am

Grill & Deli Open 10:30am-9:30pm

Sunday

Breakfast Open 7:00am-9:30am

Grill & Deli Open 10:30am-9:30pm